

CHINA CROSSROADS

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Compassionate Communication: The Key to Conflict Management

Tilman Rieger

Founder and CEO of 8C Consulting

Former HR Director of General Motors Europe

Executive Coach and Facilitator

Delimuses and Magpie Bar | 363 Kangding Road
150rmb including drink ticket | FREE for members
RSVP to Frank Tsai at editor@shanghai-review.org



Learn how to apply a simple, yet powerful four-step process called Compassionate Communication (also known as Nonviolent Communication). It helps avoid, mitigate, or resolve conflicts, with colleagues or direct subordinates at work, in relationships with partners or friends, or as parents with your children. Applying this approach will train your empathy muscles and increase your emotional intelligence notably.

[Tilman Rieger](#) is Founder and CEO of 8C Consulting and the former HR Director of General Motors Europe. With two decades of HR leadership, consulting, facilitation & coaching experience, he founded 8C Consulting to help his clients reach more effective communication, leadership, and collaboration. In his former role as HR Director of General Motors Europe Tilman was overseeing 3000 employees across Europe and driving major corporate changes and restructurings. Today, he works as a certified executive coach and workshop facilitator, with special expertise in the field of interpersonal communication, conflict management, psychological safety, team collaboration, and cross-cultural understanding. In this context he designs, conducts, and facilitates leadership training/workshops and provides coaching to individual leaders or teams to further develop their communication effectiveness, productivity and collaboration with peers, stakeholders and clients. He has been the President of the Shanghai Coaching Circle since 2018 and has served five terms on the executive committee of Shanghai Leadership Toastmasters Club. He also chairs the membership committee of the Rotary Club of Shanghai. Tilman holds degrees in Personnel Management & Economy as well as a Master's in Educational Science, Psychology and Sociology. He is of German and U.S. nationality, and has lived in Chicago, Frankfurt, London, Paris, Madrid, Zürich and now Shanghai. He is fluent in German, English, and conversational in Spanish, French and Mandarin.

[China Crossroads](#) hosts talks on all topics related to China, including business, foreign policy, and other areas as they relate to China, the idea being that China is both already a “crossroads” of the world and itself at a “crossroads” in terms of its future global influence. For more information, contact Frank Tsai at editor@shanghai-review.org.