CHINA CROSSROADS

Thursday, October 6th 2022, 16:00 – 18:00

Mental Health In China

George Hu

Clinical Psychologist
Department Chair of Mental Health
Shanghai United Family Hospital
President
Shanghai International Mental Health Association

Supported by:
Abacare
International Insurance Broker

Boxing Cat Sinan Mansions | 519 Fuxing Zhong Lu
150rmb including drink ticket | FREE for members
RSVP to Frank Tsai at editor@shanghai-review.org

Our speaker will discuss the key mental health issues Chinese face today, including the effects of pandemic and lockdown, drawing from the speaker's medical experience and with attention to a Chinese cultural framework in understanding mental health.

[George Hu](#) is Chief of Mental Health at Shanghai United Family Hospital and Clinics. He earned his BA in Psychology from the University of California at Berkeley, and his MA and PhD Clinical Psychology from the California School of Professional Psychology at Alliant International University. Doctor Hu completed training rotations at the Autism Intervention Clinic at Oakland Children's Hospital, the San Francisco Veteran's Affairs Hospital, and the Portia Bell Hume Center in California, as well as the Shaanxi Provincial People's Hospital in Xi'an. Previously, Doctor Hu was the Director of Psychology and Mental Health at Jiahui Health, the Clinical Director at Octave Living, and Clinical Psychologist and the Assistant Director of the Center for Cognitive Behavioral Therapy at Beijing United Family Hospital. He is a clinical faculty member at Palo Alto University and provides clinical consultation in many parts of the world, including Southeast Asia and Central Asia.

[China Crossroads](#) hosts talks on all topics related to China, including business, foreign policy, and other areas as they relate to China, the idea being that China is both already a "crossroads" of the world and itself at a "crossroads" in terms of its future global influence. For more information, contact Frank Tsai at editor@shanghai-review.org.